

Western Surgical Association 2020 Annual Meeting

Monday, November 9, 2020 4:00pm – 6:15pm Pacific Time – Virtual Meeting –

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P 1. ORGAN SPACE SURGICAL SITE INFECTION AFTER COLORECTAL SURGERY IN VETERANS

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Background: Organ space surgical site infection (OSSSI) is a significant complication in colorectal surgery, with a reported incidence of 8.4% and an 11.5% associated mortality. This study examines the profile and risk of OSSSI following colorectal operations in veterans.

Methods: The Veterans Affairs Surgical Quality Improvement Program was queried for colorectal operations between 2008-2015 and cases of OSSSI were identified. Demographics, clinical/operative details, and postoperative outcome were compared in cases with and without OSSSI using Chi-square test for categorical variables, Student's t-test for continuous variables with parametric distribution, and the Mann-Whitney test for continuous variables with non-parametric distribution. Logistic regression was performed to detect independent predictors of OSSSI. P < 0.05 was considered significant.

Results: A total of 28,755 colorectal surgical cases were identified (96.1% male, mean age 65.5, mean BMI 28.1, 14.1% emergent cases, 84% with ASA ≥3, 31.5% current smokers, and 89.2% functionally independent). OSSSI occurred in 1,055 (3.7%). Compared to patients without OSSSI, those with OSSSI were younger (64.3 vs.65.6, p<0.001) and more likely with ASA class ≥3 (86.5% vs. 83.9%, p=0.02); hypoalbuminemic (36.3% vs. 30.1%, p<0.001); active smokers (19.9% vs. 13.7%, p=0.001); functionally dependent (14.6% vs. 10.7%, p<0.001); chronic steroid users (5.1% vs. 3.1%, p<0.001); had recent weight loss ≥ 10% (9.7% vs. 7.6%, p=0.011); and had undergone radiotherapy (5.1% vs. 2.2%, p<0.001). BMI was comparable in both groups (28.1 vs. 27.9, p=0.350). OSSSI patients had significantly more open (79.9% vs. 72.9%, p<0.001) and emergency (19.9% vs. 13.7%, p<0.001) colectomies as well as rectal resections (15.1% vs. 10.8%, p<0.001). In addition, preoperative sepsis (9.1% vs. 5.0%, p<0.001) and intraoperative transfusion (14.8% vs. 9.0%, p<0.001) were more common, with longer operative time (3.6 hr vs. 3.0 hr, p<0.001) and less use of primary anastomosis alone (68.9% vs. 77.9%, p<0.001). OSSSI resulted in significantly more wound dehiscence (10.1% vs. 2.6%, p<0.001), reoperation (48.4% vs. 9.3%, p<0.001), reintubation (11.6% vs. 3.6%, p<0.001), ICU admission (20.5% vs. 5.5%, p<0.001), venous thromboembolism (2.2% vs. 0.7%, p<0.001) and longer length of stay (21.4 days vs. 9.8 days, p<0.001), but with comparable mortality (4.7% vs. 3.9%, p=0.214) when compared with no OSSSI. Primary anastomosis (OR 2.4, p<0.001), preoperative radiotherapy (OR 2.1, p<0.001), dependent



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functional status (OR 1.4, p=0.02), open approach (OR 1.4, p<0.001), rectal resection (OR 1.3, p<0.001), emergency surgery (OR 1.3, p=0.032), and smoking (OR 1.2, p=0.028) were all independent predictors of OSSSI.

Conclusion: The incidence of OSSSI and its associated mortality following colorectal surgery in a high-risk veteran population compares favorably with that reported in the private sector. Although not affecting mortality, OSSSI still has a significant adverse effect on postoperative morbidity. The independent predictors of OSSSI, in particular the choice of open versus laparoscopic approach well as the decision to perform a primary anastomosis alone, can be useful in preoperative planning and risk stratification.